



**WISHING YOU WELL COUNSELING CENTER**

21731 Timberlake Road, Lynchburg, VA 24502 434-455-5033

**Client Information Sheet**

Today's Date: \_\_\_\_\_ Referral Source: \_\_\_\_\_

***Please fill in the blanks completely:***

Client Name: \_\_\_\_\_ Client's SSN: \_\_\_\_\_

Client's Age: \_\_\_\_\_ Client's Date of Birth: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Mailing Address: (if different from above): \_\_\_\_\_

Home Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Cell Number: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Place of Employment/School: \_\_\_\_\_

Address of Employment/School: \_\_\_\_\_

***Marital Status:*** \_\_\_ Never Married \_\_\_ Married \_\_\_ Separated \_\_\_ Divorced

\_\_\_ Widowed \_\_\_ Unmarried Couple Length of Current Status: \_\_\_\_\_

Spouse's Name & Address: \_\_\_\_\_

Spouse's Phone: \_\_\_\_\_ Work Number: \_\_\_\_\_

Spouse's Employer: \_\_\_\_\_

***Please Complete this Section Only if Client is a Minor:***

Mother's Name: \_\_\_\_\_ Mother's Address: \_\_\_\_\_

Mother's Home Phone: \_\_\_\_\_ Mother's Work Phone: \_\_\_\_\_

Mother's Employer: \_\_\_\_\_ Address of Employer: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Father's Address: \_\_\_\_\_

Father's Home Phone: \_\_\_\_\_ Father's Work Phone: \_\_\_\_\_

Father's Employer: \_\_\_\_\_ Address of Employer: \_\_\_\_\_

Responsible Party: \_\_\_\_\_ Phone: \_\_\_\_\_

Address of Responsible Party: \_\_\_\_\_

***For Therapist Use Only:*** DSMIV <sup>✱</sup>DIAGNOSIS: AXIS

I: \_\_\_\_\_

AXIS II: \_\_\_\_\_ AXIS III: \_\_\_\_\_

AXIS IV: \_\_\_\_\_ AXISV: \_\_\_\_\_

**INITIAL TREATMENT INTERVENTION & RATIONAL:**

\_\_\_\_\_

***Discharge Plan:*** \_\_\_\_\_

\_\_\_\_\_

**Insurance Information:**

Insurance Company: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

Insured's Name (if other than client): \_\_\_\_\_

Insured's SSN: \_\_\_\_\_ Insured's Date of Birth: \_\_\_\_\_

Relationship to Insured: \_\_\_\_\_

**Medical Treatment/History of Client:**

Primary Care Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Has the client had any treatment by a physician during the past 5 years? \_\_\_ Yes \_\_\_ No

If yes, please explain: \_\_\_\_\_

Has the client had any major operations or hospitalizations? \_\_\_ Yes \_\_\_ No

If yes, please explain: \_\_\_\_\_

Is the client currently taking any medication? If so, please list with dosage and purpose:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Does the client have any allergies? If so, please list: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Has the client ever attempted suicide? \_\_\_ No \_\_\_ Yes, When: \_\_\_\_\_

Has the client ever been physically abused? \_\_\_ No \_\_\_ Yes, When: \_\_\_\_\_

Has the client ever been sexually abused? \_\_\_ No \_\_\_ Yes, When: \_\_\_\_\_

If you answered yes to any of the above questions, please give a brief explanation:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Substance Use/Abuse History:**

Does the client currently or ever had an alcohol problem? \_\_\_ No \_\_\_ Yes, When: \_\_\_\_\_

Does the client currently or ever had a drug problem? \_\_\_ No \_\_\_ Yes, When: \_\_\_\_\_

If you answered yes to any of the above questions, please give a brief explanation:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Does anyone in the client's family have or have ever had a problem with alcohol?

\_\_\_ No \_\_\_ Yes, Who: \_\_\_\_\_

Does anyone in the client's family have or have ever had a problem with drugs?

\_\_\_ No \_\_\_ Yes, Who: \_\_\_\_\_

Does anyone in the client's family have or have ever had a mental health concern?

\_\_\_ No \_\_\_ Yes, Who: \_\_\_\_\_

If you answered yes to any of the 3 previous questions, please give a brief explanation:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

***Family History of Client:***

Birth order of client: \_\_\_\_\_ of \_\_\_\_\_ siblings.

| <i>Relationship</i> | <i>Name</i> | <i>Age if Living</i> | <i>Date &amp; Age of Death</i> | <i>Occupation</i> | <i>City of Residence</i> |
|---------------------|-------------|----------------------|--------------------------------|-------------------|--------------------------|
|                     |             |                      |                                |                   |                          |
| Father              |             |                      |                                |                   |                          |
| Mother              |             |                      |                                |                   |                          |
| Stepfather          |             |                      |                                |                   |                          |
| Stepmother          |             |                      |                                |                   |                          |
|                     |             |                      |                                |                   |                          |
| Foster Mother       |             |                      |                                |                   |                          |
| Foster Father       |             |                      |                                |                   |                          |
|                     |             |                      |                                |                   |                          |
| Brothers            |             |                      |                                |                   |                          |
|                     |             |                      |                                |                   |                          |
|                     |             |                      |                                |                   |                          |
|                     |             |                      |                                |                   |                          |
| Sisters             |             |                      |                                |                   |                          |
|                     |             |                      |                                |                   |                          |
|                     |             |                      |                                |                   |                          |
|                     |             |                      |                                |                   |                          |
| Children            |             |                      |                                |                   |                          |
|                     |             |                      |                                |                   |                          |
|                     |             |                      |                                |                   |                          |
|                     |             |                      |                                |                   |                          |
| Previous Spouses    |             |                      |                                |                   |                          |
|                     |             |                      |                                |                   |                          |
|                     |             |                      |                                |                   |                          |

***Education and/or Employment History:***

Current School Attending: \_\_\_\_\_

Highest grade completed? \_\_\_\_\_ Any grades repeated? \_\_\_\_\_

Any academic or school behavioral concerns? \_\_\_No \_\_\_Yes please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Present Employer: \_\_\_\_\_

Job Title: \_\_\_\_\_ Length on job: \_\_\_\_\_

If unemployed please explain length of time and why: \_\_\_\_\_

\_\_\_\_\_

***Legal History of Client:***

| Pending/Past Charges | Court Date Pending or Date of Charge | Disposition<br>(guilty, not guilty, time served, fines, etc.) |
|----------------------|--------------------------------------|---|
|                      |                                      |   |
|                      |                                      |   |
|                      |                                      |   |

***Presenting Problem of Client (Check All That Apply):***

- |  |   |
|--|---|
| <input type="checkbox"/> Abuse (Physical, Sexual, Emotional) | <input type="checkbox"/> Grief & Loss       |
| <input type="checkbox"/> Anger Management                    | <input type="checkbox"/> Legal Issues       |
| <input type="checkbox"/> Anxiety                             | <input type="checkbox"/> Marital Conflict   |
| <input type="checkbox"/> Chemical Dependency                 | <input type="checkbox"/> Medical Issues     |
| <input type="checkbox"/> Compulsive Behavior                 | <input type="checkbox"/> Obsessive Thinking |
| <input type="checkbox"/> Depression                          | <input type="checkbox"/> Parenting Issues   |
| <input type="checkbox"/> Divorce/Separation                  | <input type="checkbox"/> Self-Esteem Issues |
| <input type="checkbox"/> Family Problems                     | <input type="checkbox"/> Stress             |
| <input type="checkbox"/> Gambling                            | <input type="checkbox"/> Violent Behaviors  |
| <input type="checkbox"/> Gender Role Identity                | <input type="checkbox"/> Other              |

Please briefly explain all that are checked above:

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## ***SYMPTOMS CHECKLIST***

*Check the symptoms you've noticed lately in yourself/dependent.*

### **PHYSICAL**

- \_\_\_ Appetite change
- \_\_\_ Headaches
- \_\_\_ Tension
- \_\_\_ Fatigue
- \_\_\_ Insomnia
- \_\_\_ Weight change
- \_\_\_ Increased colds/viruses
- \_\_\_ Muscle aches/pains
- \_\_\_ Digestive upsets
- \_\_\_ Pounding heart
- \_\_\_ Accident prone
- \_\_\_ Teeth grinding
- \_\_\_ Rash, Hives
- \_\_\_ Restlessness
- \_\_\_ Increased alcohol, drug, tobacco use
- \_\_\_ Bedwetting
- \_\_\_ Shortness of breath
- \_\_\_ Menstrual Difficulties

### **EMOTIONAL**

- \_\_\_ Anxiety
- \_\_\_ Frustration
- \_\_\_ The "blues"
- \_\_\_ Mood swings
- \_\_\_ Bad temper
- \_\_\_ Nightmares
- \_\_\_ Crying spells
- \_\_\_ Irritability
- \_\_\_ "No one cares"
- \_\_\_ Depression
- \_\_\_ Nervous laugh
- \_\_\_ Worrying
- \_\_\_ Easily discouraged
- \_\_\_ Little joy
- \_\_\_ Short fuse
- \_\_\_ Guilt
- \_\_\_ Anger

### **SPIRITUAL**

- \_\_\_ Emptiness
- \_\_\_ Loss of meaning
- \_\_\_ Doubt
- \_\_\_ Unforgiving
- \_\_\_ Martyrdom
- \_\_\_ Looking for magic
- \_\_\_ Loss of direction
- \_\_\_ Needing to "prove oneself"
- \_\_\_ Cynicism
- \_\_\_ Apathy

### **MENTAL**

- \_\_\_ Forgetfulness/memory problems
- \_\_\_ Dull senses
- \_\_\_ Poor concentration
- \_\_\_ Low productivity
- \_\_\_ Negative attitude
- \_\_\_ Confusion
- \_\_\_ Lethargy
- \_\_\_ Whirling mind
- \_\_\_ No new ideas
- \_\_\_ Boredom
- \_\_\_ Spacing out
- \_\_\_ Negative self-talk
- \_\_\_ Difficulty making decisions
- \_\_\_ Thoughts of harming self
- \_\_\_ Thoughts of harming others
- \_\_\_ Hallucinations

### **RELATIONAL**

- \_\_\_ Isolation
- \_\_\_ Intolerance
- \_\_\_ Resentment
- \_\_\_ Loneliness
- \_\_\_ Lashing out
- \_\_\_ Hiding
- \_\_\_ Clamming up
- \_\_\_ Lowered sex drive
- \_\_\_ Nagging
- \_\_\_ Distrust
- \_\_\_ Fewer contact with friend's
- \_\_\_ Lack of intimacy
- \_\_\_ Using people

### **BEHAVIORAL**

- \_\_\_ Less Humor
- \_\_\_ Intensified fatigue
- \_\_\_ Angry outbursts
- \_\_\_ Change in activity level
- \_\_\_ Social withdrawal
- \_\_\_ Manipulation of others
- \_\_\_ Unlawful acts
- \_\_\_ Risk-taking behaviors
- \_\_\_ Self injury
- \_\_\_ Suicidal attempts
- \_\_\_ Attempts to harm others
- \_\_\_ Self induced vomiting
- \_\_\_ Eating binges
- \_\_\_ Excessive exercising
- \_\_\_ Less attention to appearance and/or hygiene

### **SCHOOL/WORKPLACE**

- \_\_\_ Increased absenteeism
- \_\_\_ Decrease in quality of work
- \_\_\_ Erratic/disruptive behavior
- \_\_\_ Tardiness
- \_\_\_ Irritability toward supervisors/coworkers/teachers
- \_\_\_ Less attention to safety rules
- \_\_\_ Poor concentration
- \_\_\_ Procrastination
- \_\_\_ Negative attitude toward school/company



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**CLIENT SERVICES AGREEMENT**

**CONFIDENTIALITY:** You are assured that all counseling services are absolutely confidential and that no information will be disclosed to any person or agency unless you have signed a Release of Information specifying which information is to be released and to whom. However, law binds the counselor - as do professional standards - to take appropriate action on behalf of any client who represents him/herself as being (1) in imminent danger (suicidal), (2) a danger to someone else (homicidal), or (3) demonstrating inability to care for self. Furthermore, certain major violations of law (such as child abuse) must be disclosed to authorities. Clients who are in divorce or other court proceedings may have their records subpoenaed by the court or a spouse's attorney.

**FEE SCHEDULE: PAYMENT FOR SERVICES IS REQUIRED BY THE END OF EACH SESSION.**

|  |                                 |
|--|---------------------------------|
| Initial Intake or one-time consultation                    | \$100.00                        |
| Individual, Family, or Marital Therapy per 50 minutes      | \$85.00                         |
| Individual, Family, or Marital Therapy per 25 minutes      | \$50.00                         |
| Consultation for client with other agencies per 50 minutes | \$85.00                         |
| Group Therapy per session                                  | \$50.00                         |
| Court Appearance (total fee including traveling time)      | \$500.00 minimum for ½ day      |
| Court Appearance (hourly rate for preparation time)        | \$85.00                         |
| Report Preparation and Transmittal                         | \$100.00                        |
| Telephone Consults (including crises intervention)         | Pro-rated based on hourly rates |

**MISSED APPOINTMENTS:** Missed appointments will be charged at the rates above. A (24) hour notice of cancellation is required to avoid this charge. Insurance companies do not pay for missed appointments, so understand that you will be charged directly. Further understand that a court appearance by a Wishing You Well Counseling Center Professional must be cancelled (72) hours in advance or it will be charged in full.

**INSURANCE:** Billing you primary insurance will be completed as a convenience to you. You are responsible for filing claims with any secondary insurance company you may have a policy with. If, for any reason, your insurance company does not provide reimbursement, or requests that reimbursement be returned to them, you will be fully responsible. Each month you will receive a billing statement for services. Understand that deductibles need to be paid within 30 days, and insurance co-payments are due at the time of service. After (60) days, any amounts not paid for by your insurance company are your responsibility.

**RELEASE OF INFORMATION TO INSURANCE COMPANIES:** Information regarding your diagnosis, reason for treatment, course of treatment, and treatment methodology are part of your records and may be released to insurance companies for authorization of payment, and/or client audits which they may perform. This condition is a requirement of most insurance policies.

**TELEPHONE MESSAGES:** The clerical staff may monitor information left on voice mail.

**COLLECTION OF ACCOUNT:** If it becomes necessary for your account to be collected through legal channels, you give permission to release your name, social security number, address, and the amount of your unpaid balance to a collection agency.

**ASSIGNMENTS OF BENEFITS:** By signing below you authorize Wishing You Well Counseling Center to bill and collect from your insurance company. Also by signing below you understand that you are responsible for all fees generated by your treatment, including those not paid or covered by insurance, and any legal fees incurred in the collection of your account.

I have read the above terms and agree to them on \_\_\_\_\_  
 (Date)

\_\_\_\_\_  
 (Signature of Client)

\_\_\_\_\_  
 (Signature of Responsible Party - if other than client)

\_\_\_\_\_  
 (Signature of Therapist)